

Menopausal Hot Flashes Seem To Originate In Specific Brain Areas.

[HealthDay](#) (8/1, Doheny) reports that the results of a 20-woman study published in the June issue of the journal *Cerebral Cortex* suggest that menopausal hot flashes “appear to originate in specific brain areas.” After studying functional magnetic resonance imaging scans of “20 healthy, menopausal women, aged 47 to 58, who had six or more hot flashes a day,” researchers found that brainstem activity preceded a hot flash and insula activity in the cerebral cortex followed the hot flash.